



Health and Healing: The Philosophy of Integrative Medicine

By Andrew Weil

Houghton Mifflin. Paperback / softback. Book Condition: new. BRAND NEW, Health and Healing: The Philosophy of Integrative Medicine, Andrew Weil, Dr. Andrew Weil's groundbreaking handbook for people who want to take control of their lives and their health, Health and Healing presents the full spectrum of alternative healing practices, including holistic medicine, homeopathy, osteopathy, chiropractic, and Chinese medicine, and outlines how they differ from conventional approaches. The philosophical basis for his work in integrative medicine and optimum health, Health and Healing draws on Weil's own vast clinical and personal experience, as well as on case studies from around the world.



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