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## Adolescent Drug & Alcohol Abuse: How to Spot It, Stop It, and Get Help for Your Family (Patient Centered Guides)

By Babbitt, Nikki

Patient Centered Guides, 2000. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Parents are often the last to know about their children's involvement with alcohol or drugs. Adolescent drug abuse and chemical dependency can happen to any teenager, whatever their economic level, neighborhood, school, church attendance, or family make-up. Chemical abusers do whatever they can to conceal their use. Families can rationalize the behaviors, particularly in adolescence, as being caused by something other than chemicals. Is the defiance a normal separation from parents? Adolescent hormones kicking in? "Adolescent Drug and Alcohol Abuse offers parents clear information, support, and guidance: Understand the disease model of drug abuse and that you didn't cause it Overcome family confusion, denial, and excuses to get your child the help he needs Find allies in the community Know what to look for in chemical assessment and treatment facilities Gain serenity and happiness for yourself Learn that you are not alone Author Nikki Babbitt has counseled thousands of parents and teens about drug and alcohol abuse and dependency. Her message, and the message of the families whose stories fill this book, is one of encouragement and hope for the future.



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